

30th European Kyokushin Championship

Bulletin number One.

1: Introduction

November 25 and 26 the Dutch Kyokushin Organisation (NKKO), in collaboration with the European Kyokushin Federation and the Kyokushin World Federation, organizes the 30th EC Kyokushin in the city of Arnhem, Holland.

This event will be held at our National Sportscentre Papendal.



Arnhem is a city in the east of Holland. From Schiphol Airport (Amsterdam) you can travel to Arnhem directly by train. The tournament takes place in a sportshall next tot the hotel.

2: Official Hotel (only for participants and officials)

For **participants and officials only**, there is a special arrangement.

This will be as follows.

Everybody has travel to the train station in Arnhem. From Schiphol Airport, this is a one hour travel by train.

From the train station in Arnhem, there will be a shuttle bus, which takes you to the National Sport Centre Papendal. You have to arrive on Thursday the 24th of November 2016.

On Sunday the 27th november 2016 this bus will bring you back to the train station.

Hotel accomodation (4-stars) and all meals from dinner on Thursday, till breakfast on Sunday, are included in this arrangement.



Price for this arrangement is **295 euro's, per person**, wich has to be payed on arrival. There is only hotel accomodation for a limited amount of people, (about 300 persons on a double room basis), so you have to reserve quickly.

In the proximity of Papendal there are also a few other hotels. These are:

<u>Hotel</u>	<u>Telephonenumber:</u>	<u>email adress:</u>	<u>distance from Papendal (+/-)</u>
Hotel Van der Valk Arnhem	+3126 – 4821100	arnhem@valk.com	0,5 km
Hotel Oosterbeek	+3126 – 3396333	bilderberg@bilderberg.nl	4 km
Bilderberg Hotel de Buunderkamp	+3126 – 4821166	buunderkamp@bilderberg.nl	5 km
Bilderberg Hotel Wolfheze	+3126 – 3337852	wolfheze@bilderberg.nl	5 km
Best Western Hotel Haarhuis	+3126 – 4427441	info@hotelhaarhuis.nl	6 km

You are free to book here, but of course you have to make your own reservations.

3 : Categories in competition

The championship is in kumite and in kata. In the annex you will find the application form.

3.1: KUMITE CATEGORIES:

12 - 13 YEARS OLD GIRLS: - 45kgs, +45kgs.

12 - 13 YEARS OLD BOYS: - 40kgs, - 50kgs, - 60kgs, +60kgs.

14 - 15 YEARS OLD GIRLS: -50kgs, +50kgs.

14 - 15 YEARS OLD BOYS: - 55kgs, - 65kgs, -75kgs, +75kgs.

Junior GIRLS (16 - 17 YEARS OLD): - 50kgs, - 60kgs, +60kgs.

Junior BOYS (16 - 17 YEARS OLD): - 60kgs, -70kgs, -80kgs, + 80kgs.

Senior WOMEN (+ 18 YEARS OLD): -55kgs, -60kgs, -65kgs, +65kgs.

Senior MEN (+ 18 YEARS OLD) -70kgs, -75kgs, -80kgs, - 90kgs, +90kgs.

SENIOR MEN (Master) + 35 YEARS OLD: OPEN WEIGHT

3.2: OBLIGATORY PROTECTIONS:

12-13 YEARS OLD (BOYS AND GIRLS)

- HEAD GEAR, HAND GEAR, SHIN AND INSTEP PADS, GROIN CUP, CHEST PROTECTOR

14-15 YEARS OLD AND JUNIOR (16-17 YEARS OLD) (BOYS)

- HEAD GEAR, HAND GEAR, SHIN AND INSTEP PADS, GROIN CUP

14-15 YEARS OLD AND JUNIOR (16-17 YEARS OLD) (GIRLS)

- HEAD GEAR, HAND GEAR, SHIN AND INSTEP PADS, CHEST PROTECTOR

JUNIOR (16-17 YEARS)

- OBLIGATORY: HELMET, GLOVES, SHIN PADS AND GROIN (BOYS)
- CHEST PROTECTORS FOR GIRLS.

- **FOR ALL CHILDREN 12 TILL 16 YEARS OLD: OPTIONAL: KNEE, MOUTH PROTECTION**

SENIOR MEN

- GROIN PROTECTOR.

SENIOR WOMAN

- CHEST PROTECTOR.

SENIOR MASTER MEN (+35 YEARS OLD)

- HEAD GEAR, SHIN AND INSTEP PADS, GROIN **CUP**

Below are shown the athletic supporters (protectors) required during the Championship, approved by the organizer



EKF MAY PERMIT other types of athletic supporters with other logo types only if they have the same level of protection and keeps similar aesthetic to the ones homologated by EKF/KWF, and they have to be approved by the Main Judge of the Championships.

3.3: DURATION OF THE MATCHES.

12-13 years old: 2 min with obligatory decision.

14-15 years old: 2 min+ 1,5 min with obligatory decision.

Junior (16-17 years old): 2 min+ 1,5 min with obligatory decision.

Seniors: 2 min+2 min (weight) + 2 min with obligatory decision. On finals 3 min+2 min (weight) + 2 min with obligatory decision.

Senior Master + 35 years old: 2 min+2 min (weight) + 2 min with obligatory decision.

The weight difference of kilos to win a match must be 3 or more, in senior categories.

If there are too many participants at the Championship, and preliminary matches have to be done with obligatory decision, it will be communicated before the Championship starts.

3.4: KATA CATEGORIES

12 - 13 YEARS OLD CHILDREN GIRLS.

12 - 13 YEARS OLD CHILDREN BOYS.

14 - 15 YEARS OLD CHILDREN GIRLS.

14 - 15 YEARS OLD CHILDREN BOYS.

Junior GIRLS (16 - 17 YEARS OLD)

Junior BOYS (16 - 17 YEARS OLD)

Senior Women (+ 18 years old)

Senior Men (+ 18 years old)

3.5: KATAS to be done.

The competition will be divided into two rounds. Four competitors of each category with the highest scores will pass to the Finals.

Competitors in category girls, boys (12-13, 14-15 years old) and juniors (16-17 years old) may choose kata FREELY in both rounds; EXCEPT for: taikyoku, sokugi, sanchin no kata, tensho and ura kata.

For SENIORS, in the first round, the main referee chooses one kata from list below:

1st Group (Obligatory Kata):

1. YANTSU
2. TSUKI NO KATA
3. SAIHA
4. GEKSAI SHO
5. GEKSAI DAI

On the second round the competitor may choose a kata from the following list:

2nd Group (Kata to be chosen by the competitors):

1. SEIENCHIN
2. KANKU DAI
3. SEIPAI
4. GARYU
5. SUSHIHO

3.6: GENERAL RULES:

The Dutch Kyokushin Organisation wants you to know that the amount of participants is limited. So send only your best karateka's. This is not for beginners! If the number of participant is more than we can handle, we have to put a limit to participation.

Be very careful and select the correct weight-categories, the organisation can expell participants if their weight is not the same as mentioned in the registrationform !!

The EKF can modify catagories if there are not enough participants.

Important: Every participant must identify him/herself with passport or ID-card.

Only official registrationforms will be accepted, deadline for sending in is **1 october 2016 !!**

After this date we accept no more inscriptions.

Send your registrationforms tot the General Secretary Shihan Andre Drewniak and to our organizer.

Email adresses are:

General.secretary@europeankyokushin.org and

Info@kyokushinkaikan.nl

The weight in and the checking will be done Thursday 24th of November 2016 at the National Sports Centre Papendal. All the competitors, referees and officials must come together at the same time as a group and country. This verification will be followed by members of the Dutch Kyokushin Organisation and the European Kyokushin Federation.

Participation fee per fighter is 40 €. This has to be payed together with the registrations at Papendal to the EKF Treasurer Shihan Lars Hogquist.

The competitor who will participate in kumite and kata - has to pay 80€.

On the weight-check- in you must be prepared to give the following documents:

- Parents' permission (Authorization) (only for competitors under 18 years old).
- Responsibility letter (you will have to sign and fill in the document on the weight in act.).
- IDC or Passport (to check the nationality and age).
- Doctors certificate (only for kumite competitors).
- Must pay the participation fee.
- Each competitor must have a personal insurance for any accident that may occur at the competitor.

4 :REFEREE- course

The Referee Course & Coaches Meeting will take place in Hotel Papendal. We let you know later, when and where.

Registration is free, except for those who want to obtain the title of International Judge or Referee given by the European Kyokushin Federation and guaranteed by Kyokushin World Federation (KWF). The fee and requirements are:

- International Judge: 50 € (must be minimum 1st dan and National referee).
- International Referee: 75 € (must be minimum 2 nd dan and International Judge).

The official dress will be:

- Dark Blue trousers,
- Dark blue shirt with short sleeves.
- White bow tie.

5: SAYONARA-party

Saturday night there will be a sayonara party. You can join if you want. Costs are 25 euro per person. You have to apply for this on Thursday during registration

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